

Giraffe-Treasure-Chest

My and your feelings and needs



Picture cards - Set
Nonviolent Communication
by Marshall B. Rosenberg
with children

Including all human needs and feelings ...

- ... summed up and shown in simple pictures suitable for children
- ... developed, tested and adapted together with children in my practical work over the course of years,
- ... to serve as basis and guideline for leading groups and working out common rules
- ... sold more than 500 times in 8 different countries
- ... revised new edition (in German + English – translated by Pia Cornaro)
- ... recommended by pedagogues, teachers, parents, psychologists, NVC-Trainers



content:

- 45 coloured picture cards
- 18 feelings (3 feelings words each)
- 22 needs (1-4 needs-words and needs sentences in "child-language")
- 4 keycards and 1 wolf-card
- 1 booklet with infos und impulses for application

Impulses and practical examples for using the Giraffe Treasure Chest:

- Support in solving conflicts
- Expansion and deepening of vocabulary
- Support for self-expression
(non-native speaking children, dealing with highly emotional experiences...)
- Increasing self-confidence and self-perception

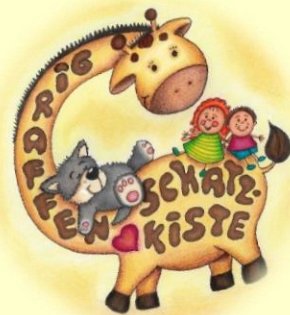
Self-empathy - Getting in contact with myself
 As a prompt for conversations, such as: „Have you ever been sad? Tell me about it...“
 „What do we humans need in order to be happy?“, offering and adding needs cards.
Compassionate conflict resolution and mediation using the "4 Keys" of NVC



The Giraffe Treasure Chest can support...

- Enhancement of emotional and social behavior
- Creating strong group cohesion
- Self-confidence and self-esteem
- Self-responsibility and personal effectiveness
- Confidence
- Resilience, competence
- Strong orientation in life
- Integration and sense of belonging
- Empathy and compassion
- Authentic self-expression
- Increase of vocabulary and range of expression - words for what is going on inside of me
- Getting in touch with one's own inner power and one's own potential
- Capacity for self-care
- Creative problem solving skills
- Life joy, vitality

*„How are you?
 What are you
 feeling and needing?
 What is your
 heart's desire?
 And what can we do
 together
 In order to get there?“*



€ 54,90

For an enriching togetherness with children.

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