

## Fundamentals of Transformational Coaching in Two Days!

A coaching programme based on Nonviolent Communication: Understanding the dynamic of feelings and needs, combined with coaching skills and pathways that support deep transformation. This is an intense, condensed version.

In just two days, you will:

- Explore **foundational coaching skills** from the *Coaching for Transformation* certification curriculum.
- Discover the secret to executing action plans and reaching goals while **honoring values and needs**.
- Learn how to **structure a coaching session** and get lots of practice with your peers.

You will leave the **Coaching Essentials** workshop ready to:

- Ask **empowering questions** that impact conversations and transform outcomes.
- Be a **catalyst for transformation**, helping others to break through old patterns and habits in full alignment with the Nonviolent Communication principles.
- Adopt a **coaching mindset** that supports others in tapping into their resourcefulness and creating their dream life.

If you decide to pursue certification, you can apply both your Coaching Essentials training hours and tuition toward the Coaching for Transformation certification program - which means you'll be on the fast-track to becoming a Certified Professional Coach!

**Learn more at [www.LeadershipThatWorks.com](http://www.LeadershipThatWorks.com)**

Or connect with Kersten Kloser-Pitcher, [kersten@gmx.at](mailto:kersten@gmx.at), +43 (0) 650 5152777

## Coaching Essentials Two-day Workshop

### **Dates:**

Saturday, 14<sup>th</sup> January

Sunday, 15<sup>th</sup> January

### **Venue:**

Seminarraum der Schule  
für Alexander-Technik

Lustgasse 3

1030 Wien

### **Tuition**

Early bird until 15<sup>th</sup> Nov: 250 €

16<sup>th</sup> Nov-15<sup>th</sup> Dec: 350 €

After 15<sup>th</sup> December: 450 €

### **Reserve your spot now**

<http://www.leadershipthatworks.com/>

[CEVienna](#)

*"The program has been the single most important learning experience I've had in over a decade. CFT helped me remember my core values, quirky strengths, and love for community and connection. The program enabled me to trust my intuition and take creative risks, and in turn, it provided me with the tools to help clients do the same." – Jessica Balboni*



### **Your Facilitator**

**Pernille Plantener, PCC**, is a certified coach and trainer in Nonviolent Communication. Originally trained as a farmer, she has supported organic farmers and other change agents for more than a decade through facilitation and coaching. She supports individuals, families and workplaces and teaches Coaching for Transformation and a number of shorter programmes in Europe and India.

### **Your Organizer**

**Kersten Kloser-Pitcher** is a certified trainer in Nonviolent Communication and holds an advanced degree in economics and business administration. Continuously following her heart, she learnt a handicraft after university and set up a business for graphic design.

She has been facilitating NVC workshops and trainings in Vienna for the last four years.

